



IMPORTANT MEDICAL INFORMATION FOR INCOMING TRUMAN STUDENTS

Online Medical Forms Due Prior to June 1, 2026

Dear Incoming Student,

The Student Health Center and University Counseling services, operated in partnership with Complete Family Medicine, a service of Hannibal Regional - a not-for-profit health system, are available to meet your medical and mental health needs. The Student Health Center assists the University in obtaining the necessary immunization information required by the state of Missouri.

NEW ONLINE Medical Information Submission Process for Incoming Truman Students

To avoid delays, ALL NEW students (first year and transfer students for FALL 2026) must use the below link/QR code to submit their online health history, immunization cards, and insurance information using the below link PRIOR to June 1, 2026



truman.cfmcares.com/incoming-student-



<https://forms.gle/8iY7sjShwZ73jQSg7>

What you will need in order to complete the online health history form application:

- ☐ Electronic copy of the FRONT and BACK of insurance cards to submit
- ☐ Electronic copy of Immunization Records (for questions about required immunizations, see below list)

If you have any questions or concerns about the online submission process, please contact the Student Health Center at 660-785-4182 or at studenthealth@cfmcares.com.

REQUIRED IMMUNIZATIONS

A full list of required and recommended immunizations can be found on the Medical History Form. A few specific highlights that we'd like to point out:

- Per Missouri Statute 174.335, **ALL students residing in residence halls, university apartments and any fraternity or sorority housing MUST have received their Meningitis A, C, Y and W vaccine (Menactra or Menveo) PRIOR to move in. The vaccine must have been given within the past five years and on or after the student's 16th birthday. Failure to comply with this state requirement will result in delays in moving into the student's housing.**

- Truman policy also requires proof of immunization against measles, mumps and rubella - often given together as the MMR vaccine. This is a series with the first shot given at or after age one year and the second given at least 28 days after the first one. Individuals opting out of this immunization for medical reasons must provide titer results documenting immune status.
- Per Missouri Statute 199.290, all new students are screened for tuberculosis. Truman's screening is located on the enclosed Medical History Form. The Missouri law states that, "Any entering student of an institution of higher education in Missouri who does not comply with the targeted testing program shall not be permitted to maintain enrollment in the subsequent semester at such institution." Therefore, failure to complete the Medical History form in full, including the TB screening, will result in a hold on the student's registration for second semester classes.

HEALTH SUPPLIES YOU SHOULD BRING WITH YOU TO SCHOOL

Attached is a checklist of basic health supplies which we recommend that you should bring with you to college. A thermometer (either manual or electronic) is an essential. We recommend bringing basic medications such as fever and pain reducers, cough and cold medicines, and any prescription or other routine medications you take. A lockbox is recommended for controlled medications if you require them. If you have asthma, it is recommended that you bring your nebulizer and peak flow equipment. Students who choose to continue ongoing allergy immunotherapy or other medication injections at the Student Health Center must contact the Student Health Center to make arrangements prior to arrival on campus.

Again, we welcome you to the Truman State University community and we hope to help keep you healthy so that you may thrive academically. If either you or your parents have any questions regarding the requirements listed above, please do not hesitate to contact the Student Health Center at 660-785-4182.

Sincerely,



Dr. Jordan Palmer

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